**Romans #19 Notes**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_**

Romans Chapter 7.14-25

7.14-16

7.14

1. Beginning in verse 14 Paul begins to discuss the conflict of two natures. These verses probably describe a believer. Previously, Paul wrote about a past experience in his life—the time when he underwent deep conviction of sin through the Law’s ministry. Now he changes to the present tense to describe his experience since he was born again—the conflict with the two natures and the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of finding deliverance from the power of indwelling \_\_\_\_\_\_\_ through his \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. Paul has learned to never again put confidence in his own \_\_\_\_\_\_\_\_\_\_\_. The only works that flesh can produce are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ works. We, too, must realize that just as our own self-effort to please God could not \_\_\_\_\_\_\_\_\_ us, neither can self-effort \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ us. All of our efforts are useless apart from the empowering \_\_\_\_\_\_\_\_\_\_ of God.

3. When we cast all of our expectations upon \_\_\_\_\_\_\_\_\_\_\_\_ and His \_\_\_\_\_\_\_\_\_\_, trusting only in our Lord and Savior, then we have accessed His grace. That grace is not only His undeserved \_\_\_\_\_\_\_\_\_\_\_\_\_ to us but His transforming \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. If we choose to put ourselves back under the Law, we are putting ourselves back under \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the very thing from which Christ has \_\_\_\_\_\_\_\_\_\_\_\_\_\_ us. Any time we place ourselves back under the Law and depend upon our own efforts to please God, we will encounter \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and bondage to our \_\_\_\_\_\_\_\_\_\_\_\_.

4. We know (perfect tense) that the Law is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. It is not fleshly. The Law is \_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_. The fact that the Law is spiritual means that the Law is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of God.

5. “carnal”—The Greek manuscripts do not agree on the Greek for this word. The Textus Receptus and Stephanus Manuscripts use *sarkikos St 4559* which speaks of the flesh in its \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_ sense, with an emphasis on the carnal flesh. The NU (Nestle-Aland and United Bible Society) Manuscript uses the GK word *sarkinos St 4560* and seems to emphasize frailties and passions. Both words point back to St 4561 *sarx.* Therefore, trying to distinguish between the two can be confusing. However, even if Paul is saying that he is \_\_\_\_\_\_\_\_\_\_\_\_, and earthbound and must still deal with the things that are of the body, the flesh, even then, one of the things with which the physical body of flesh must deal is the \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_ aspect of the flesh that indwells these \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_.

6. What is expressed by the phrase “sold under sin” is the evil of bondage to a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and the futility of making use of the \_\_\_\_\_\_\_\_ as a \_\_\_\_\_\_\_\_\_\_\_ of deliverance. Sin no longer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ us. Nevertheless, in another sense sin still has a strong attraction for us since our basic \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is still sinful and we will not be fully rid of it in this life.

7.15

7. This verse describes an individual trying to achieve holiness by personal \_\_\_\_\_\_\_\_\_\_\_\_ only to discover that the more one struggled, the worse his/her \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ became. This person is trying to be good and holy by his/her own efforts and is defeated every time by the power of the flesh. People must identify with Christ in His death and burial and resurrection. We have been risen with Christ to walk in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of life. Don’t try to improve the flesh; relegate it to the grave of Christ. This verse speaks of a person attempting in his/her own strength that which can only be accomplished in the supernatural \_\_\_\_\_\_\_\_\_\_\_\_\_ of the Holy Spirit.

8. “do not ‘practice’” *prasso St 4238. Present tense.* He is not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ practicing what he would like. Paul says he is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ determined to do good, but instead he is pursuing something that he \_\_\_\_\_\_\_\_\_\_.

9. Conversion takes only a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ; Christlikeness takes a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Struggle is one \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of God’s work in our lives.

7.16

10. Paul’s problem is not \_\_\_\_\_\_\_\_\_\_\_\_; he wants to do what is right. His problem isn’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_; he knows what is right. His problem is a lack of \_\_\_\_\_\_\_\_\_\_\_\_\_; “how to performs what is good I do not find.” He lacks power because the \_\_\_\_\_\_\_\_ gives no power.

11. A believer finds himself/herself in agreement with the Law by disapproving of that which is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by it. Our wanting to do the opposite of what we do proves our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of God’s Law as good.

12. The Law will frustrate a saved person who is trying to live a holy life by keeping a list of “dos” and “don’ts”. The Law will show a believer that even though it is good, it can never \_\_\_\_\_\_\_\_\_ one good; because the \_\_\_\_\_\_\_\_\_\_\_\_ can \_\_\_\_\_\_\_\_\_\_\_ sanctify. Sanctification, holiness, comes only by the work of the \_\_\_\_\_\_\_\_\_\_\_\_, in the atmosphere of \_\_\_\_\_\_\_\_\_\_\_.

7.17-20

7.17

13. “”But now” could be translated “this being the case.” Here, it is not an expression of \_\_\_\_\_\_\_\_\_\_. “No longer” is also not an expression of time. It is an argument to say that “it can no longer be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that . . ..” Paul’s new inner self no longer approves of the \_\_\_\_\_\_that still clings to him through the flesh. Whereas before his conversion his inner self \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the sin he committed, now his inner man, his completely new inner self, strongly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. As a saved person, Paul says that God has inwardly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ him, but because of the Sin that is still dwelling in his mortal body like an unwanted \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, Sin continues to harass him. It is the power of Sin within his flesh which keeps pulling him off of the track, because he kept looking at the \_\_\_\_\_\_\_\_\_ and tried in his own effort to do what God wanted him to do.

14. It is never said that the “Old Man” is dead, but that we died with Christ. We \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_in His death and burial and now share His Risen Life.

15. Through the Fall, the inherent propensity to \_\_\_\_\_\_\_\_ entered the human realm and men became sinners by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Adam passed to all his descendants the inherent \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ he possessed as a result of his act of disobedience.

16. After salvation, sin, like a deposed and exiled ruler, no longer \_\_\_\_\_\_\_\_\_\_\_\_\_ in a person’s life, but it manages to survive. It no longer resides in the inner man, but finds its residual dwelling in the \_\_\_\_\_\_\_\_\_\_ of that person. The flesh is the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ humanness that remains until a faither meets the Lord in the Rapture or in death.

17. The only way we can live victoriously is to walk in Christ’s enabling power through the Spirit so that we will not carry out the \_\_\_\_\_\_\_\_\_\_\_\_ of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_. Even though we are saved, we still need to remember that we have that evil propensity dwelling in our \_\_\_\_\_\_\_\_\_\_\_\_\_.

7.18

18. “Good”-*agathon St 18-*This word is that which is good in its \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, beneficial in its \_\_\_\_\_\_\_\_\_\_\_\_\_\_, and/or useful in it \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. There is nothing good in our flesh. The \_\_\_\_\_\_\_\_\_\_\_\_ is the base camp from which sin operates in the Christian’s life. In the believer, the Holy Spirit dwells both to \_\_\_\_\_\_\_\_\_\_ and to \_\_\_\_\_\_\_\_\_ what pleases God. Apart from the sinful flesh there is something very good dwelling in us.

7.19

19. “to will”-*thelein St 2309-*This word describes the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ which comes from one’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. It is a predetermined and focused \_\_\_\_\_\_\_\_ that one sets to do. The present tense indicates that Paul was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ desirous of doing God’s will. The new creation in Christ has the \_\_\_\_\_\_ to do what is right, but the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is not in ourselves but is found only in God the Holy Spirit. Although we are new creatures in Christ, we still possess a tendency to \_\_\_\_\_\_\_. By obeying God’s \_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the Holy Spirit, we can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ over the flesh.

20. There is a battle between the flesh nature and the spirit. Paul find himself failing to do the \_\_\_\_\_\_\_\_\_ he wants to do and doing the \_\_\_\_\_\_\_\_\_\_ he does not desire to do.

21. Verse 19 expresses Paul’s and our utter powerlessness \_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ against the evil of the flesh.

7.20

22. Paul is not trying to excuse himself, but he is describing a state of profound \_\_\_\_\_\_\_\_\_\_\_\_. Paul says that \_\_\_\_\_\_\_\_\_ is actually present in the members of his body. As long as we are in our \_\_\_\_\_\_\_\_\_\_\_\_\_ bodies, we will wrestle with sin. When we do sin, it is not with the desire of the \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_. Sin is a highly contagious, lethal virus that \_\_\_\_\_\_\_\_\_\_\_\_ man, woman, and child has \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because every person alive can trace their lineage back to Adam.

7.21-25

7.21

23. “Law”-*nomon St 3551-principle.* Here, “law” is used in an unusual way. Thus, principle would be a better translation in this context. Paul finds a condition that when he \_\_\_\_\_\_\_\_\_\_\_\_ to do good, this evil \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ always asserts itself \_\_\_\_\_\_\_\_\_\_\_\_\_ the doing of that good. See GA 5.17. Lingering sin does battle with every good thing a believer \_\_\_\_\_\_\_\_\_\_\_ to do. The Sin nature wants us to try to do good \_\_\_\_\_\_\_\_\_\_ from God. It is possible to take a truth from the Word and try to work it from the flesh. Sin is always present, in the shadows, ready to pounce and lead us into \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

7.22

24. “delight”-*sunedomai St 4913-*joyfully concur. This is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ expression than agree with the Law. This word denotes sensible pleasure in the heart. It denotes not only Intellectual assent, but an emotion of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the contemplation of the Law.

25. “Inward”-*eso St 2080-* As used by Paul, the inward man means the mind or \_\_\_\_\_\_\_\_\_. The “inward man” is the “\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_.” Paul states that he delights in God’s Law according to his inner being. A deposit of God’s nature deposited in the faither by the \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_. By this implantation, each one of us is being daily transformed into the \_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

7.23

26. The new man of Paul \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in God’s Law. Paul saw a law different from the law of Life. The law to which he is referring is the Law of \_\_\_\_\_\_\_. Paul is referring to the nature of indwelling sin exerting its effect in the members of his body and waging \_\_\_\_\_\_\_\_ against his \_\_\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_ God’s Law.

27. “law of my mind”-*to nomo-law St 3551 tou noos-mind St 3563.* This refers to the new \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ which longs to obey the Law of God. The mind emphasizes the intellectual side of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, the warfare. Believers have a new \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or capacity for loving \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_. Yet, Paul’s experience bore witness to the fact that there was another, opposing \_\_\_\_\_\_\_\_ at work in him, the law of sin.

28. As long as the believer is alive there will be a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ warfare against the old \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and one’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the Law of God. Self-attempts to rid our members of the tyranny of indwelling sin cause the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ which underlies this passage.

29. The Apostle Paul represents himself as engaged in a warfare, being overcome, and made an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the evil inclinations of the \_\_\_\_\_\_\_\_\_\_\_\_\_. Paul has come to the end of \_\_\_\_\_\_\_\_\_. No longer is he looking within himself. This is the only time when God can come in and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the faither.

30. There is no \_\_\_\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_ in ourselves against the law of \_\_\_\_\_\_\_ which is in our members. A faither is as much dependent on \_\_\_\_\_\_\_\_\_\_\_\_’s \_\_\_\_\_\_\_\_\_ for his/her \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ as he/she is for forgiveness. It is because we died with Him at the cross, both to \_\_\_\_\_\_ and to the whole legal principle, that sin’s \_\_\_\_\_\_\_\_\_\_\_\_, for those \_\_\_\_ Christ, is broken.

7.24

31. “Wretched”-*talaiporos St 5005-allicted, miserable, in a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ condition, beaten down from continued \_\_\_\_\_\_\_\_\_\_\_\_. “*Wretched” describes a very unhappy or unfortunate \_\_\_\_\_\_\_\_\_\_. Paul recognizes that he is in a desperate state of despair because he cannot rid himself of his bent toward \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. What could be more wretched than exerting all your energy to try to live a good life, only to discover that the best you do is still \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

32. This is not an unsaved man who is crying, “O wretched man that I am.” This is a \_\_\_\_\_\_\_\_\_\_\_ man. The word wretched carries with it the idea of exhaustion because of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Paul is calling for help from \_\_\_\_\_\_\_\_\_\_\_\_\_ himself.

33. Paul cries out for deliverance from the doing of that which is evil in opposition to his \_\_\_\_\_\_\_\_\_\_ to do that which is \_\_\_\_\_\_\_\_\_\_\_.

34. “deliver”-*rhusetai St 4506* This word refers to a snatching from \_\_\_\_\_\_\_\_\_\_\_\_\_\_ evil, or an \_\_\_\_\_\_\_\_\_\_\_\_\_. The basic idea of rescuing from danger is pictured by the use describing a soldier’s going to a wounded comrade on the battlefield and carrying him/her to safety. *Rusetai* emphasizes greatness of peril from which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is given by a \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ of power.

35. The “body of death” *somatos (St 4983) tou thanatou (St 2288)* is the old \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ that lives in ever person born in Adam and still lurks in the dying physical bodies of \_\_\_\_\_ who are born again in Christ. Paul cries out for deliverance from the body characterized by this spiritual death of the doing of that which is \_\_\_\_\_\_\_\_ in opposition to his desire to do that which is \_\_\_\_\_\_\_\_\_\_.

36. As faithers, we long for purity and holiness and desire to be pleasing to the LORD, yet there are times when we feel helplessly bound to the “dead body” of our \_\_\_\_\_\_\_\_\_\_\_\_. This causes us to cry out with Paul, “Who will deliver me from this body of death?”

37. Christ broke the \_\_\_\_\_\_\_\_\_\_\_\_ of sin. We can serve Him with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of life.

7.25

38. “Thanks” *Charis St 5485-grace.* Here it is used as an expression of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Paul could not answer the question in verse 24 without \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Thanksgiving overwhelmed him at the thought of salvation in Christ. See a similar expression in 1 Cor. 15.57.

39. Paul comes to the conclusion that only through \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ can come the necessary supernatural \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to live a life of victory and holiness.

40. The secret of doing good is yielding to the \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_. The \_\_\_\_\_\_\_\_\_\_\_\_\_ will never serve the Law of God because the flesh is at \_\_\_\_\_\_\_ with God. The deposit of Christ’s nature placed in us by the Spirit can only \_\_\_\_\_\_\_\_ the Law of God. The old nature \_\_\_\_\_\_\_\_\_ no law and the new nature \_\_\_\_\_\_\_\_\_ no law. Legalism makes a person wretched because it grieves the \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ and aggravates the \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

41. Paul was delivered \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Christ. He was delivered through the revelation of the fact that he had died with Christ at the cross to this hated indwelling \_\_\_\_\_\_\_ and law of sin. The sinner is forgiven and delivered through \_\_\_\_\_\_\_\_\_\_\_ in what Christ did at the cross.

42. It will be by the \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ that this deliverance is wrought in us, as seen in Romans 8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ our Lord Jesus Christ and by the law of the \_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_ in Christ Jesus is God’s order.

43. What \_\_\_\_\_\_\_\_\_\_\_\_\_\_ accomplished for us, the Holy Spirit \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ in us.

44. Sanctification is a gradual \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that repeatedly takes the faither through a recurring sequence of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ through dependency upon \_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_\_ through in the indwelling Spirit.